ORIENTATION FOR STUDENTS TEACHER OF 6TH SEA-TEACHER PROGRAMME
1 August-10 September 2018
Indonesia, Philippines, Thailand, Malaysia

<table>
<thead>
<tr>
<th>Country</th>
<th>No. Institutions</th>
<th>Total Send</th>
<th>Total Receive</th>
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<tbody>
<tr>
<td>Indonesia</td>
<td>45 Universities</td>
<td>207</td>
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<tr>
<td>Philippines</td>
<td>20 Universities</td>
<td>135</td>
<td>158</td>
</tr>
<tr>
<td>Thailand</td>
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<td>84</td>
<td>91</td>
</tr>
<tr>
<td>Malaysia</td>
<td>1 University</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>79 Universities</strong></td>
<td><strong>429</strong></td>
<td><strong>429</strong></td>
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</tbody>
</table>
To enable pre-service student teachers to develop their teaching skills and pedagogy.

To encourage the pre-service student teachers to practice their English skills.

To allow the pre-service student teachers to gain a broader regional and world view.

To expose future teachers to diverse teaching and learning situations and opportunities, and the value of flexibility.
• The schedule is subject to be adjusted by receiving university.
• The receiving university is required to breakdown the programme structure into a **daily schedule**
WHERE WILL YOU GO?

- Culture & basic language – *learn about it and do what you have learned*
- Do and don’t in the country
- Foods
- Weather
- Currencies (install “XE currency” in your phone)
AT THE AIRPORT

✓ Transit or direct flight
✓ Which terminal your arrival is?
✓ Keep a close eye on those around you (especially the directions), even security officials. If you feel unsafe at any time speak to airport management
ARRIVAL AND DEPARTURE CARD

[Image of an Arrival and Departure Card for Thailand]

<table>
<thead>
<tr>
<th>Type of Right</th>
<th>Purpose of Visit</th>
<th>Yearly Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>Charter</td>
<td>Holiday</td>
<td>Less than 20,000 USD</td>
</tr>
<tr>
<td>Schedule</td>
<td>Business</td>
<td>20,000 - 40,000 USD</td>
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</tbody>
</table>

For non-Thai resident only:

1. All passengers must complete the ETVS card.
2. The passenger must keep the departure card with their passport or travel document and present the card to the Immigration Officer at the checkpoint at the time of departure.
3. If the alien stays in the Kingdom longer than 90 days, he/she must fill in a form and submit it to the Immigration Office, according to the law of the Kingdom.
Arriving Filipinos no longer have to fill out the new immigration arrival cards while foreigners, including Philippine passport holders with existing immigrant status, will be required to fill out the new arrival cards.

All Filipino departing passengers are required to fill out the new Philippine immigration departure cards while foreigners and Philippine passport holders with immigrant status will no longer be required to fill out the departure cards.
CUSTOM DECLARATION CARD

No Longer Need Departure and Arrival Cards but need to fill out custom declaration card
BEFORE LEAVING

• Ticket for return flight
• Passport valid for at least 6 months following your departure date.
• Check health before leaving
• Bring along an adequate supply of any prescription medication you take
• Bring enough pocket money
  • 1 THB = 433 IDR, 1.6 PHP
  • 1 PHP = 0.62 THB, 270 IDR
• Ensure you have enough information about which school, level and subject including the topics that you will teach prior to departure
PACKING

Be sure that you can manage to transport all of the luggage you bring, all at the same time!!

- Be careful taking any aerosols, liquids or gels in your carry on. You may only bring containers that are 3 oz./100 ml or less, and these must all fit in one quart-size, Ziploc plastic bag that can be scanned separately from your carry-on.

- Large backpacks, suitcases with wheels and retractable handles are easiest to carry.

- Think about your plans while packing: will you be travelling, going to clubs, doing an internship? This may influence what you need to bring.

- Bring enough prescription and over-the-counter medication to last the entire time you will be abroad.
PACKING

- Electrical voltage is 220v in Indonesia, Thailand, Philippines and Malaysia. Electrical plugs are shaped differently in each country. (https://www.power-plugs-sockets.com)
- Bring a converter and/or an adapter.
DOCUMENTS CHECKLIST

☑ Passport
☑ Tickets for airline, boat, train, bus
☑ Copies of passport, tickets etc
☑ Boarding pass
☑ Health insurance card
☑ List of medications, letter prescriber
☑ Travel insurance
☑ Student card
☑ Invitation from receiving universities
ARRIVAL AT RECEIVING COUNTRY

What's waiting for you???
CULTURE SHOCKS

The Symptoms

- a feeling of sadness and loneliness,
- an over-concern about your health,
- headaches, pains, and allergies
- insomnia or sleeping too much
- feelings of anger, depression, vulnerability
- idealizing your own culture
- trying too hard to adapt by becoming obsessed with the new culture
- the smallest problems seem overwhelming
- feeling shy or insecure
- become obsessed with cleanliness
- overwhelming sense of homesickness
- feeling lost or confused
- questioning your decision to follow this programme

Four stages:

1. Honeymoon period
2. Frustration/Judgment
3. Adjustment
4. Acceptance/Adoption
CULTURE SHOCK

Dealing with culture shock:

1. “Plunge" into your host culture and wrestle with the differences.
2. Keep an open mind; it is natural to have preconceived ideas and beliefs that come into question while abroad.
3. Athletic activities like team sports or taking walks may be helpful.
4. Get to know others at your host school or organization.
5. Do not isolate yourself. Find a local person with whom you can discuss your frustrations and encounters.
6. Learn as much as you can about your host culture.
7. Maintain a support structure with others, particularly those going through the same experience. However, do not retreat into a clique to avoid the discomfort of culture shock.
8. Keep a journal. Record your impressions of new experiences and the transformations that are occurring within you.
RESPECTING CULTURAL NORMS AND VALUES

• Expectations and standards of behavior are not always the same in other countries
  ✓ You are the “foreigner”, and the burden of respecting and adapting to such behavioral and cultural differences will be your responsibility.
  ✓ Be sensitive and observant of the people around you, and follow local customs concerning respect, etiquette, and behavior.

Tips: Dressing standards are encouraged as a sign of respect. Dressing appropriately and to the standards, also means less attention drawn to yourself.
SAFETY

• Be careful crossing the street!
• Be aware of pickpockets.
• Carry passport only when needed.
• Always carry your passport, credit cards, and extra cash in a money belt or pouch while traveling.
• Never keep valuables in a backpack or back pocket.
• Always be certain to lock the doors/windows of your room.
• It is advisable to travel in pairs or small groups, especially for women and especially at night.
• Dress and behavior:
  ✓ Be aware that your dress and behavior may be communicating a different message than you intend to convey when viewed from another culture’s norms.
TIPS

✓ examine the assumptions you make about the world in view of the new viewpoints and perspectives that you will gained

✓ take the initiative to make new friends

✓ make smart choices: there is so much to do in host country, that you will have to find and establish the right balance for study, cultural enrichment and travel

✓ reflect on your personal growth during one month as you successfully meet your goals.

Write in your Blog!
LESSON LEARNED & KEY SUCCESS

- English Skills
- Cultural Flexibility
- Equality
- Success Factors
- Open minded for school culture
- Communication Channel
- Mentor & Buddy
- Language Barrier
- Lesson Plans & Materials
- Teaching Pedagogy

- Less to More
STUDENT TEACHER PERFORMANCE EVALUATION FORM FLOW

Choose **one session of each subject** that student teacher perform at the classroom

Supervisor/mentor from Univ & Cooperating teacher from school observe and evaluate

Stamp the form by the receiving university and send to the coordinator of sending university

SEAMES collecting & processing data to be presented in evaluation meeting

Coordinator of sending university collecting forms collectively and send to SEAMES

Coordinator of sending university collecting forms collectively and send to SEAMES
MINIMUM OF TEACHING HOURS

• Minimum teaching hours included to become assistant in the classroom is 20 hours

• It is expected that students teacher will have teaching opportunities that focus at least one level of class, one subject and several topics. So that targeted students can learn thoroughly

• Universities are required to provide related information of the subject and topics to be taught by students teacher in advance.
MAXIMUM OF EXCURSION PROGRAMME

• It is suggested the university may facilitate the excursion during weekend.

• Give students teacher the opportunity to be more independent in exploring the surrounding environment and habits in terms of transportation, socializing, shopping, etc.

• Empowering the buddies to accompanying and assist the student teacher during the exchange programme.
Guideline Questions for SEA-Teacher Experience Blog

✓ These questions use as guidelines for the student teacher to write the blog.

✓ Student teacher also can include their excursion experience and personal perspectives in the report.

✓ Add video, photos and pictures during the programmes held.

✓ Use communicative language when you write the blog.

✓ SEAMEO Secretariat will strictly assess the blog to meets the requirements.
The 5th batch

Students Information

<table>
<thead>
<tr>
<th>No.</th>
<th>Name of Students</th>
<th>Home University</th>
<th>Major</th>
<th>Year of Study</th>
<th>Subject to Teach</th>
<th>Blog</th>
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<tbody>
<tr>
<td>1</td>
<td>Nurul Eka Kiana</td>
<td>Indonesia University of Education (IPU)</td>
<td>Early Childhood Education</td>
<td>3</td>
<td>Pre-School</td>
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<td>2</td>
<td>Yohana Nanustina</td>
<td>Lumajang Mangkuri University (UNLAM)</td>
<td>Elementary Teacher</td>
<td>4</td>
<td>English</td>
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<td>3</td>
<td>Ika Marthinala Sadika</td>
<td>Lumajang Mangkuri University (UNLAM)</td>
<td>English</td>
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<td>4</td>
<td>Mutia Mohima Dayanti</td>
<td>Universitas Negeri Malang (UNM)</td>
<td>Science Education</td>
<td>3</td>
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<td>5</td>
<td>Yuli Arte</td>
<td>Yogyakarta State University (YSU)</td>
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<td>6</td>
<td>Anika Tuzzhaho</td>
<td>Bengkulu University (UNIB)</td>
<td>Biology Education</td>
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<td>Susi Sarika Putri</td>
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<td>Education Study Program</td>
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<td>8</td>
<td>Zaenal Arifin</td>
<td>Bengkulu University (UNIB)</td>
<td>Education Study Program</td>
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<td>English</td>
<td><a href="http://zaenalseateacherbatch5.blogspot.com">http://zaenalseateacherbatch5.blogspot.com</a></td>
</tr>
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Reports in Blog

- English writing skills
- Digital literacy

3rd and 4th Day as Teacher

Two days ago, there was bad experience because when I was waiting students, there was nothing students came. But I still taught in other class even though I didn't make a lesson plan for that class and today I finally made it. Wow, for me it's never mind, but I don't feel so good with Aym Omran. Because at that time, Aym Omran always taught in class. We only asked them sometimes I looked for them in library and campus. Because we walked about 30 minutes, so we went back to teacher room.

After that, I went to library for take our lunch. As usually, our lunch was okay man kilo. At 1.30 p.m., Aym Omran and Amin, practiced the English camp song. In English Camp, I will sing and dance with other teachers.

At 2.30 p.m., we practiced the dancing. It's difficult for us and it's graceful. But we will try to learn the dancing.

Yesterday, Aym Anaya and Aym Tongo came to Wangnoi Phumwong Primary School to see our activity. This morning, I taught in Mathayom 5/7, so I was made me easy and I already prepared. After that, we made a discussion about our activity in learning, about obstacle to taught here, and about our problems. Besides that, Aym also suggested us about our performance how we taught in class.

This afternoon, we prepared activity for tomorrow in English Camp and practiced the song.
REQUIRED FROM STUDENT TEACHER FOR SUBMISSION AFTER EXCHANGE PROGRAMME

- Student Teacher Blog Address List
- Project Evaluation from Student Teacher
- Student Teacher’s Performance Evaluation Form

Collective by Univ Coordinator

No Documents No Certificate from SEAMEO Secretariat
Any of: Idea Q&A
Thank You

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